**The American Spirit**

[****The first United States****](http://www.mondaymunchees.com/) **Congress convened in New York City’s newly built Federal Hall March 4, 1789. “I believe there will be inclination and abilities in the two houses to do everything that reasonable and sensible men can promise to themselves,” wrote Pennsylvania Senator Robert Morris. Before ending their session in 1791, the 95 members formed committees; established procedures; created the departments of war, foreign affairs and the treasury; enacted the supreme, federal and district courts – and passed the Bill of Rights. (*Alison Mclean, in Smithsonian magazine)***

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[**P. S. I have placed this excerpt in the Teamwork document of the www.mondaymunchees.com website. For more quotes, stories, anecdotes, illustrations, trivia, and funnies on this topic, I invite you to scroll down the homepage of the website to the T-section of documents, click open the Teamwork document, and read all about them!**](http://www.mondaymunchees.com/)

[***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\****](http://www.mondaymunchees.com/)

[**Be Humble Day**](http://www.mondaymunchees.com/)

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[**website and check out the Humility document located in the H-section**](http://www.mondaymunchees.com/)

[**of documents!**](http://www.mondaymunchees.com/)

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****April 25th, 2024 -** George Washington *(Thomas Fleming, in Reader's Digest) risk***

**April 18th, 2024 - cafeteria *(Bits & Pieces) America***

**April 11th, 2024 - Statue of Liberty *(Thomas Fleming, in Reader’s Digest) little things add up***

**April 4th, 2024 -** [**Wright Brothers *(Derric Johnson, in The Wonder of America, p. 78)***](http://www.mondaymunchees.com/) ***American History inspirations***

[**March 25th, 2024 - watermelon plants *(Associated Press) Easter***](http://www.mondaymunchees.com/)

[**March 18th, 2024 - aspects of its past are feared *(Lonnie G. Bunch III, in The Atlantic magazine) fear***](http://www.mondaymunchees.com/)

[**March 14th, 2024 - *(Pat Williams, in The Magic of Teamwork) 6189824 giving and sharing***](http://www.mondaymunchees.com/)

[**March 7th, 2024 - ice trade *(Amy Brady, in Discover magazine, September/October, 2023, on page 49) ahead of its time***](http://www.mondaymunchees.com/)

[**February 29th, 2024 - Horace Mann *(Adam Harris, in The Atlantic magazine) ahead of its time***](http://www.mondaymunchees.com/)

[**February 22nd, 2024 - Every vote means something believed in their man! *(Derric Johnson, in The Wonder of America, p. 212) voting & elections***](http://www.mondaymunchees.com/)

[**February 15th, 2024 - first woman doctor in America *(Bits & Pieces, August 22, 1991, starting on page 14) doctor’s world***](http://www.mondaymunchees.com/)

[**February 8th, 2024 - The Brooklyn Bridge *(Glenn Van Ekeren, in The Speaker’s Sourcebook, p. 38) American history inspirations)***](http://www.mondaymunchees.com/)

[**February 1st, 2024 - Walt Disney *(Mike Vance & Diane Deacon, in Think Out of the Box) imagination***](http://www.mondaymunchees.com/)

[**January 25th, 2024 - “Johnny Appleseed.”*(Jack Denton Scott, in Reader’s Digest) waste traqnsformation***](http://www.mondaymunchees.com/)

[**January 18th, 2024 - George Washington *(Bits & Pieces) 1115909 leadership***](http://www.mondaymunchees.com/)

[**January 11th, 2024 Ferris Wheel. *(Derric Johnson, in The Wonder of America, p. 80) American History inspirations***](http://www.mondaymunchees.com/)

[**January 4th, 2024 - labor contracts *(Lonnie G. Bunch III, in The Atlantic magazine) slavery***](http://www.mondaymunchees.com/)

[**December 28th, 2024 - Mount Rushmore *(Richard B. Manchester, in Incredible Facts)***](http://www.mondaymunchees.com/)

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