**The Golden Rule: It’s true in all faiths**

**Brahmanism: This is the sum of duty: Do naught unto others which would cause you pain if done to you. *(Mahabharata 5:1517)***

**Buddhism: Hurt not others in ways that you yourself would find hurtful. *(Udana-Varga 5:18)***

**Christianity: All things whatsoever ye would that men should do to you, do ye even so to them; for this is the law and the prophets. *(St. Matthew 7:12)***

**Confucianism: Surely it is the maxim of loving-kindness: Do not unto others what you would not have them do unto you. *(Analects 15:23)***

**Islam: No one of you is a believer until he desires for his brother that which he desires for himself. *(Sunnah)***

**Judaism: What is hateful to you, do not to your fellowman. That is the entire Law; all the rest is commentary. *(Talmud, Shabbat 31a)***

**Taoism: Regard your neighbor’s gain as your own gain and your neighbor’s loss as your own loss. *(T’ai Shang Kan Ying P’ien)***

**Zoroastrianism: That nature alone is good which refrains from doing unto another whatsoever is not good for itself. *(Dadistan-i-dinik 94:5)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

***(Elizabeth Pool, in The Old Farmer’s Almanac – 2010, p. 288)***