**Dreaming**

**Keep your dreams alive … hit the snooze button. *(The PassTime Paper)***

**Cold-blooded animals do not dream. *(Russ Edwards & Jack Kreismer, in The Bathroom Trivia Digest, p. 48)***

**Am told all warm-blooded animals dream. *(L. M. Boyd)***

**Hope is a waking dream. *(Aristotle, Greek philosopher)***

**"You've gotta help me," the man said to the psychiatrist. "Every night this week I've dreamed I'm playing in a badminton tournament. Then I wake up tired and sweaty." "Okay, here's your medicine," the doctor said. "Drink this right away and you'll be cured in no time." "Can't I wait and drink it tomorrow?" the dreamer wanted to know. "Why?' the doctor asked. "It's our championship game tonight." *(Emily Leyble, in Reader's Digest)***

**When asked if she had any fantasies, Erma Bombeck said: “I always wanted to be a ballerina. Other than that, just the usual fantasies most other women have, where you give a Tupperware party and only Robert Redford shows up.” (Judy Kessler, in People magazine)**

**Don't burn out your mind with studying -- keep a cool place in it for dreaming. *(Ashleigh Brilliant, in Pot Shots)***

**It’s called the American dream because you have to be asleep to believe it. *(George Carlin)***

**Have faith in your dreams, and someday your rainbow will come smiling through. No matter how your heart is grieving, if you keep on believing, the dream that you wish will come true. (Cinderella)**

**Future dreams: Some people believe that if you dream of climbing up a ladder or stairs, you will be successful. Dreaming of going downstairs means your future will be full of failures and disappointments. (The Diagram Group, in Funky, Freaky Facts, p. 49)**

**Mr. Wilson wakes up in the middle of the night while having a nightmare and says to Mrs. Wilson: “Oh, Martha! I dreamed they were cloning Dennis!” *(Hank Ketcham, in Dennis the Menace comic strip)***

**How many of our daydreams would darken into nightmares, were there a danger of their coming true! (Logan Pearsall Smith, in Afterthoughts)**

**The only big ideas I've ever had have come from daydreaming, but modern life keeps people from daydreaming. Every moment of the day your mind is being occupied, controlled, by someone else -- at school, at work, watching television. Getting away from all that is really important. You need to just kick back in a chair and let your mind daydream. (Paul MacCready, from a speech)**

**Dream as if you’ll live forever, live as if you’ll die today. *(James Dean)***

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**If you can dream it, you can do it. (Walt Disney)**

**All our dreams can come true, if we have the courage to pursue them. (Walt Disney)**

**Somehow I can't believe there are many heights that can't be scaled by a man who knows the secret of making dreams come true. This special secret, it seems to me, can be summarized in four C's. They are Curiosity, Confidence, Courage, and Constancy, and the greatest of these is CONFIDENCE. When you believe a thing, believe it all over, implicitly and unquestioning. *(Walt Disney)***

**A dream is a wish your heart makes. (Walt Disney)**

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**Don't be afraid of the space between your dreams and reality. If you can dream it, you can make it so. *(Belva Davis)***

**Researchers say evidence indicates a person tends to dream more in sleep during electrical storms. *(L. M. Boyd)***

**Ambition is a dream with a V-8 engine. *(Elvis Presley)***

**Everything starts as somebody's daydream. (Larry Niven, in Niven's Laws)**

The dream which is not fed with dream disappears. (Antonio Porchia, poet)

**Your dreams fragment sometimes. You may see yourself fighting off a dog one moment, then playing a kazoo the next. That’s how the minds of some schizophrenics work, says a psychiatrist. As though in dream sequences without transitions. (L. M. Boyd)**

**Mel Gibson's early years were spent in Peekskill, New York, where -- by his own admission -- he was into "dreaming." The star of Franco Zeffirelli's screen version of Hamlet was not a joiner: no Boy Scouts, no team sports. What Gibson remembers are the sweet sensations of family life. "Dairy Queen. Climbing trees. Lump-jumping -- jumping on the lumps of earth in the muck of the back paddocks, a lowland with big hillocks. I used to hang out with my brothers because there were four of us who were really close in age." (Gibson is the sixth of 11 children.) "I knew I'd find my own way and be good at something," the actor says. He considers this startling equipoise to be one of the benefits of a big, sprawling family. "It's fantastic," says Gibson, himself the father of six. "You realize that it doesn't all get handed to you. You always get what you want. And you learn not to get too special with yourself. (John Lahr, in Fame)**

**I dream of giving birth to a child who will ask, “Mother, what was war?” *(Eve Merriam, in Peacemaking: Day by Day)***

**Goals are dreams with deadlines. *(Country Extra magazine)***

**Whatever you can do or dream you can do, begin it. Boldness has genius, power and magic in it. Begin it now. *(Goethe)***

**The good thing about dreams is that if they don’t come true you can always dream new ones. *(Bits & Pieces)***

**It is not true that people stop pursuing dreams because they grow old. They grow old because they stop pursuing dreams. *(Gabriel Garcia Marquez)***

**I haven't been seeing you in my dreams lately -- why are you avoiding me? *(Ashleigh Brilliant, in Pot Shots)***

**Some people's hearts stop beating when they dream. This cessation may last for as briefly as a few seconds or as long as nine seconds. (Marc McCutcheon, in The Compass In Your Nose)**

**The circus is the only spectacle I know that, while you watch it, gives the quality of a truly happy dream. (Ernest Hemingway)**

**Cherish your visions and your dreams, as they are the children of your soul and the blueprints of your ultimate achievements. (Napoleon Hill)**

**Hold fast to dreams / For if dreams die,**

Life is a broken-winged bird / That cannot fly.

**(Langston Hughes, in The Dream Keeper and Other Poems)**

**If you want your dreams to come true, don't sleep. (Yiddish proverb)**

**I like the dreams of the future better than the history of the past. (Thomas Jefferson)**

**I've known some of my big disappointments ever since they were little hopes and dreams. (Ashleigh Brilliant, in Pot Shots)**

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**Son: “You guys! I just had the coolest idea! I could go to college in Europe! There’s this really cool university – Oh, wait. The male-female ratio is way off. And the satellite image shows that the nearest hookah bar is two blocks from campus. Plus, the exchange rate would make it way too expensive. Never mind.” Dad then says to Mom: “Hopes and dreams lasted a lot longer before the Internet.” (Jerry Scott & Jim Borgman, in Zits comic strip)**

**As far as they can tell, experts say the average dream, even though it may seem to encompass a person’s whole life, lasts only a second or two. *(Bernie Smith, in The Joy of Trivia, p. 19)***

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**One afternoon in 1865, President Lincoln’s Cabinet entered a council room for a meeting and found the President seated at the head of the table, his face buried in his hands. Presently he raised his head. His face was grave and worn. “Gentlemen,” he said, “before long you will have important news.” Someone inquired, “Have you bad news, Mr. President? Is it something serious?” “I have heard nothing; I’ve had no news,” he replied. “But last night I had a dream. I dreamed I was in a boat, alone. I had no oars, no rudder. I was helpless in a boundless ocean.” There was silence for a moment. Then the President added: “I have had that dream many times during the war. And each time, some great battle came within a day or two. Yes, gentlemen, perhaps tomorrow, perhaps in just a few hours, you will have important news.” Five hours later, Abraham Lincoln was assassinated. *(Lord Halifax’s Ghost Book) 39020***

**Bad week for: Living your dreams, after John C. Hughes of Butte, Montana, led police on a wild, 100-mph chase that ended only when police blew out his tires. When asked why he baited cops into chasing him, Hughes – who was sober and had committed no crime – responded, “I just always wanted to do that.” *(The Week magazine, February 17, 2012)***

**Dreams are extremely important. You can't do it unless you imagine it. (George Lucas, movie director)**

**A man must have his dreams -- memory dreams of the past and eager dreams of the future. I never want to stop reaching for new goals. (Maurice Chevalier)**

**A London doctor prescribed for Robinson, who was overweight, a drastic pill to be taken before retiring on six successive nights. The first night after taking the pill, Robinson dreamed that he was shipwrecked on a South Sea island with a beautiful maiden. He chased her all over the island and woke up in a sweat when he couldn't catch her. The marathon continued for six nights until he had lost 25 pounds. A friend, Brown, who was also rather portly, commented on his slim, healthy look, heard the story and said, "I'll have to see the doctor myself." But, after taking his first pill, Brown had a different dream. He landed on the island, all right, but there was no beautiful maiden for him. Instead, a highly decorated mob of savages pursued him ruthlessly for six nights. He, too, lost 25 pounds. Brown decided to go back to the doctor to inquire why his friend Robinson had lost as much weight, but apparently had had a far more enjoyable time in his dreams. "Mr. Robinson," said the doctor loftily, "is a private patient. You, Mr. Brown, are a National Health Service patient." *(K. W. in Courier, England, as it appeared in Reader's Digest, May, 1976 issue, on page 116)***

**Geech: “Rabbit, do you think you'd ever get married again?” Rabbit: “Get serious.” Geech: “Why did you ever get married in the first place?” Rabbit: “Well, at the time, Monica was the girl of my dreams.” Geech: “What happened?” Rabbit: “I woke up.” *(Jerry Bittle, in Geech comic strip)***

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**Her companion remarks: “Dreams are never in the place you want them to be.” *(From the movie “Shirley Valentine”)***

**You never lose a dream. It just incubates as a hobby*. (Larry Page, cofounder of Google)***

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**A Good Buy: Comedian "Professor" Irwin Corey, interviewed on the syndicated TV show "Tom Cottle: Up Close," told of the time his six-year-old grandson found a penny. The boy proudly showed it to his grandmother. "What's so great about finding a penny?" she asked. "You can't buy anything with it." "Oh yes, you can!" he said. "You can buy a dream in a wishing well." *(Reader's Digest)***

**To dream, perchance to learn: A good night’s sleep and even a nice nap can boost your brain’s ability to remember and learn new information. But dreams can help even more, a new study suggests. For the Harvard study, 100 volunteers were asked to take a test on a computer that involved finding their way around a maze. After a five-hour break, they took the test again. Those who had stayed awake in the interim improved their time by an average of 26 seconds, while subjects who took a 90-minute nap did much better, improving their time by 188 seconds. But the most dramatic improvements were among the four who actually dreamed about the test; their performances improved 10 times as much as the nondreamers’. “I was startled by this finding,” Harvard neuroscientist Robert Stickgold tells Science News. “This study tells us that dreams are the brain’s way of processing, integrating, and really understanding new information.” Researchers suspect that dreams don’t directly improve memory; rather, they’re byproducts of a deeper thought process in which memories are being integrated. In any event, “if you’re studying something tough, get the basics down and take a nap,” says sleep researcher Michael Breus. “If you dream about it, you will probably understand it better.” *(The Week magazine, May 14, 2010)***

**Those who dream by day are cognizant of many things which escape those who dream only by night. (Edgar Allan Poe)**

**There are some times and places where one has the strong impression that at some point in the past the present moment has been dreamed of in detail, and one experiences a strange leap of the heart and a breathless waiting for the next event that one knows will come. (John Wyatt, in The Shining Levels)**

**So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable. (Christopher Reeve)**

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Grandma: “Tell me, Jeffy, what was this fun dream about last night?” Jeffy: “Don’t you remember, Grandma? You were in it with me.” *(Bil Keane, in The Family Circus comic strip)***

**Wife: “Do you remember your dreams, Brutus?” Brutus: Only the nightmares!” Wife: “Do you dream in color?” Brutus: “Strictly black and blue!” *(Art & Chip Sansom, in The Born Loser comic strip)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Mrs. Wilson: “George, are you aiming the remote at Dennis?” Mr. Wilson: “I can dream, can’t I?” *(Hank Ketcham, in Dennis the Menace comic strip)***

**Husband says to wife after waking up in the morning: "I had a miserable night! All my dreams were reruns!" *(Reminisce magazine cartoon)***

**With each dream accomplished, bigger ones are put in their place. (Gina Rodriguez, Golden -Globe-winning actress)**

**The future belongs to those who believe in the beauty of their dreams. (Eleanor Roosevelt)**

**Like all dreamers I confuse disenchantment with truth. (Jean-Paul Sartre, French philosopher)**

**The secret of recalling dreams: Why do some people remember their dreams while others almost never do? The answer may depend on both how soundly you sleep, and on differences in brain function. French researchers at the Lyon Neuroscience Research Center previously found that so-called high dream recallers experience twice as much wakefulness during sleep as low dream recallers; their brains also react more to sounds both when sleeping and awake. In a new study, the team wanted to understand how the brains of each type of dreamer differed. Using a specialized imaging technique, researchers measured the spontaneous brain activity of 41 volunteers during wakefulness and in sleep. Twenty-one were high recallers, who remembered their dreams an average of 5.2 mornings per week; the rest were low recallers, who reported two dreams per month on average. Whether awake or asleep, the high recallers showed stronger activity in the temporoparietal junction, an area of the brain involved in directing attention toward external stimuli. The researchers concluded that this increased activity likely leads to more-frequent awakenings, creating more opportunities to encode dreams in memory. "The sleeping brain is not capable of memorizing new information," lead researcher Perrine Ruby tells ScienceDaily.com. "It needs to awaken to be able to do that." *(The Week magazine, March 7, 2014)***

**Tales and dreams are the shadow-truths that will endure when mere facts are dust and ashes and forgot. *(Neil Gaiman, author)***

**You see some things as they are and ask “why.” I dream things that never were and ask “Why not.” (George Bernard Shaw)**

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*You know, I'm sick of following my dreams, man. I'm just gonna ask where they're going and hook up with 'em later. *((Mitch Hedberg, comedian)***

**In ancient Greece, sick people slept in medicine temples to dream about how to get better. *(Uncle John's Slightly Irregular Bathroom Reader, p. 17)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Sleepwalkers cannot hear sounds, taste, or smell anything. They only remember what they have done as if they have dreamed about it. (The Diagram Group, in Funky, Freaky Facts, p. 55)**

**A humble soldier named Romanus dreamed in 1065 that he was sitting beside the Byzantine empress Eudokia. He told the dream to a guard and was arrested and sentenced to death, but the empress pardoned him! Two years later, when Emperor Constantine X died, she married the soldier – and he became Emperor Romanus IV! (Ripley’s Believe It or Not!: Book of Chance, p. 241)**

**Why should I spend time in one dream picking up things I dropped in another dream? (Ashleigh Brilliant, in Pot-Shots)**

I dream for a living. (Steven Spielberg, movie director, in Time magazine)

**My dreams are subject to a variety of interpretations – but so is my waking life. (Ashleigh Brilliant, in Pot-Shots)**

**We must teach our children to dream with their eyes open. (Harry Edwards)**

**Test your dream with five essential questions: Does this dream enliven me? Does this dream align with my core values? Do I need help from a higher source to make this dream come true? Will this dream require me to grow into more of my true self? Will this dream ultimately bless others? (Mary Manin Morrissey)**

**Steve Ross, who put together the Time Warner merger, was a self-made man who left an estate worth millions. He liked to tell a story that played a central role in his life. As a teenager, Ross was summoned to his father's deathbed to receive this advice: there are those who work all day, those who dream all day, and those who spend an hour dreaming before setting to work to fulfill those dreams. "Go into the third category," his father said, "because there's virtually no competition." *(Robert Cohen, in New York Times)***

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**If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours. *(Henry David Thoreau)***

**Dreams are the touchstones of our characters. (Henry David Thoreau)**

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**To be human is to dream. Pipe dreams, daydreams of perfect love or a brilliant career -- we all pay rent on castles in the air. But sometimes there's a dream that doesn't fade, an impossible dream that just might come true with the right breaks and a lot of hard work. Those are the dreams we'd be fools to give up on. (Jo Coudert, in Woman's Day)**

**In a dream, I saw myself as a butterfly; now I am wondering whether I am Chuang Tsu dreaming I was a butterfly, or a butterfly dreaming I am Chuang Tsu. (Chuang Tsu)**

**When your dreams turn to dust, it’s time to vacuum. (Rocky Mountain News)**

**Dreams come true; without that possibility, nature would not incite us to have them. (John Updike, in Self- Consciousness)**

**Do you daydream as much as 35% of your waking hours? Researchers say most do. (Boyd's Curiosity Shop, p. 140)**

**The cinema has no boundary; it is a ribbon of dream. (Orson Welles)**

**When old dreams die, new ones come to take their place. God pity a one-dream man. (Robert Goddard, rocket scientist)**

**Worse than not realizing the dreams of your youth, would be to have been young and never dreamed at all. *(Jean Genet)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Willy says to Ethel: "I'm writing a book that tells you how, why, when and where to get everything you ever wanted. Right now the working title is 'In Your Dreams'" (Joe Martin, in Willy 'N' Ethel comic strip)**

**In the movie Mr. Holland's Opus, a high-school music teacher dreams of writing a symphony. He has the passion to create a world-class symphony, and he hopes his music will one day earn him a great deal of money. He never realizes his dream, and finally he retires from teaching. Feeling dejected and lamenting his lost dream, he prepares to leave the building for the last time and walks into the school gymnasium., He stumbles upon a surprise party in his honor, where hundreds of his former students have gathered. The master of ceremonies is a woman who once lacked self-confidence and considered herself a failure. But through the encouragement of her former teacher, she found value in herself and went on to become governor of the state. She speaks before all those gathered: "We are your symphony, Mr. Holland. We are the notes of your opus. We are the notes of your life." (Mary Manin Morrissey, in Building Your Field of Dreams, p. 275)**

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**You have to have a dream so you can get up in the morning. *(Billy Wilder)***

If you follow every dream, you might get lost. (Neil Young)

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