**The Eyes Have It!**

**Some medical experts contend age 10 is typical time your senses are sharpest. It’s described as “the healthiest year of life.” But specialists suggest your eyesight, if normal, is best at age 17. (*L. M. Boyd)***

**Your eyes work like a camera. When you look at something, light enters your eyes through a hole in each eyeball. It passes through a lens and is focused on the back of the eyeball. Messages about the light then pass to your brain. Your brain works out what you are looking at and how far away it is. *(Kim Taylor, in Light, p. 6)***

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**It takes about 90 days after it’s born before you can tell what color a baby’s eyes are going to be. Until then, they are blue-gray. *(L. M. Boyd)***

**The human eye can see as many as ten million colors. *(Jeff Harris, in Shortcuts)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*The pupil of the eye expands as much as 45 percent when a person looks at something pleasing. (*David Louis, in Fascinating Facts, p. 25)***

**Realize that what we are seeing is a mirror of our own consciousness.**  
**It is interesting that the Hebrew word from which we get the word eye is ayin, which literally means “fountain.” This suggests a powerful insight. Sight is not simply a matter of registering what we see out there, and “seeing is believing.” It is that, but so much more. True seeing is a flow of consciousness, flowing like a fountain from within. Thus where you are in consciousness has everything to do with what you see in experience. *(Eric Butterworth, in Spiritual Economics, p. 48)***

**You gather at least 10 times more information from your eyes than from you ears. So say the students of sights and sounds. *(L. M. Boyd)***

**Your eyes are a little like the lenses in periscopes or binoculars. They’re not where you actually see. Where you see is at a point just above the back of your neck. You can indeed be blinded by a blow to the back of the neck. *(L. M. Boyd)***

**Your open eye is never still, even when you fix your gaze. It shifts constantly. Up and down, side to side, it scans. So says a specialist. *(L. M. Boyd)***

**The human eyes can perceive more than 1 million simultaneous visual impressions and are able to discriminate among nearly 8 million gradations of color. (*David Louis, in Fascinating Facts, p. 25)***

**Your eye can register about 10 different pictures a second. More will make a blur. *(L. M. Boyd)***

**Our eyes are always the same size from birth, but our nose and ears never stop growing. *(Kids’ Pages)***

**Give our eyes adequate time to adjust and to see things differently.**  
**It takes the human eyes an hour to adapt completely to seeing in the dark. Once adapted, however, the eyes are about 100,000 times more sensitive to light than they are in bright sunlight. *(David Louis, in Fascinating Facts, p. 25)***

**Did you say hearing was the last of the senses to go when a person dies? If the hearing had been normal at the time, yes. Usually, sight goes first, then taste, smell and touch, in that order. Sequence is the same in sleep. *(L. M. Boyd)***

**Blue eyes are the most sensitive to light, dark brown the least sensitive. (*David Louis, in Fascinating Facts, p. 25)***

**Your eyes stopped growing when you were about 10. *(L. M. Boyd)***

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